

Lisa S. Badanes, Ph.D.

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Education

- 2009-present **Developmental Psychobiology Research Group Postdoctoral Fellow**,
 University of Colorado Denver, Denver CO
- 2006 -2009 **Ph.D. Developmental Psychology**, University of Denver: Denver,
Dissertation Title: Cortisol reactivity across the day at child care:
 Examining the contributions of child temperament, and attachment to
 mother and lead teacher. Chair: Sarah Watamura, Ph.D.
- 2003- 2006 **M.A., Developmental Psychology**, University of Denver
Master's Thesis Title: The working model of the self: A multiple selves
 perspective. Chair: Susan Harter, Ph.D.
- 2001 **B.A., Psychology**, University of Vermont, Burlington, VT.

Research Experience

- 2010 – present **Research Associate, University of Denver: Denver, CO**
- 2009--present **Post-Doctoral Research, University of Colorado Denver: Denver, CO**
 – Mentor: Dr. Benjamin Hankin
- A study testing a multi-method, multi-informant validation of parent-
 reported preschool depression, including the potential family, contextual,
 and individual risk factors that may be associated with this disorder.
- 2007 – 2009 **Dissertation Research, University of Denver: Denver, CO**
- A study examining the ways in which child care providers and parents
 buffer young children with negative temperaments and insecure
 attachments against physiologic stress reactivity. This work was funded
 in part by a Child Care Research Scholars grant through the
 Administration for Children and Families (\$50,000).
- 2006 – Present **Child Health and Development Lab, University of Denver: Denver,
 CO** – Director Dr. Sarah Watamura
- Laboratory Coordinator: Family and Child Care Buffering Study;
 Cortisol Rhythms Study 30-72 months.* Supervised 14 undergraduate and

2 graduate research assistants in all aspects of two large projects; one examining family and child care buffering of stress reactivity in 200 children from high stress environments and one examining the co-development of the sleep, stress and attention/inhibition systems in 196 children between 30 and 72 months.

- 2004 – 2006 **Traumatic and Stress Studies Lab, University of Denver: Denver, CO** – Director Dr. Anne DePrince
- Research Assistant:* Traumatic Appraisal Questionnaire Project
Conducted interviews regarding traumatic experiences and responses.
- 2004 – 2006 **Masters Research, University of Denver: Denver, CO** - Advisor Dr. Susan Harter
- Designed research study investigating different self processes in relation to working models of attachment, self-worth, authenticity, and self-monitoring.
- 1999 – 2001 **Psychology Department, University of Vermont: Burlington, VT** – Director Dr. Susan Crockenberg
- Research Assistant: Infant/ Parent Project.* Collected longitudinal data, created and piloted coding schemes, performed participant interviews, entered and analyzed data on a project examining the interaction between infant temperament and maternal sensitivity.

Publications

- Hankin, B. L., **Badanes, L.S.**, Abela, J.R.Z., Watamura, S.E. (2010). Hypothalamic pituitary adrenal axis dysregulation in dysphoric children and adolescents: Cortisol reactivity to psychosocial stress from preschool through middle adolescence. *Biological Psychiatry*. 68, 484-490.
- Badanes, L. S.** ⁺*, Watamura, S. E.*, Hankin, B. L. (in press). Hypocortisolism as a potential marker of allostatic load in children: Associations with family risk and internalizing disorders in 2-12 year olds. *Development & Psychopathology, Special Issues on Allostatic Load*. *First and second authors contributed equally.
- Barrocas, A.B., Jenness, J.L., Davis, T., Oppenheimer, C.W., Technow, J., Gulley, L.D., **Badanes, L.S.**, & Hankin, B.L. (in press). Developmental perspectives on vulnerability for non-suicidal self-injury in youth. In J. Benson (Ed.), *Advances in Child Development and Behavior*. London: Elsevier
- Badanes, L.S.** Dmitrieva, J., & Watamura S.E. (Under Review). Understanding cortisol reactivity across the day at child care: The potential buffering role of secure attachment to teachers. Revise and Resubmit, *Early Childhood Research Quarterly*.
- Watamura, S. E., **Badanes, L. S.** *, Pikovsky, I. Y.,* Mendoza, M. M., & Perreira, K. M. Evidence for a Physiologic Home-School Gap in Children of Hispanic Immigrants.

- (Under review). Child Development Special Section on Children of Immigrants (invited following submitted letter of intent). *second and third authors contributed equally.
- Hankin, B.L., Barrocas, A.L., Jennes, J., Oppenheimer, C., **Badanes, L.S.**, Abela, J.R.Z., & Smolen, A. (under review). *Associations between 5-HTTLPR and borderline personality disorder traits among youth*. *Frontiers in Child and Neurodevelopmental Psychiatry*.
- Badanes, L.S.** & Hankin, B.L. (in preparation). *Hypercortisolism and anxiety disorders in adolescents*.
- Watamura, S.E., **Badanes, L.S.**, Wolff, B., LeBourgeois, M., & Kirkham, N.Z. (in preparation). *Development of mature basal cortisol patterning in young children: Relations with sleep and attention/ inhibition*.

Professional Presentations

- Badanes, L.S.**, Watamura, S.E., & Mendoza, M.M. (2010, October). *Attenuated cortisol as a risk factor for internalizing symptoms in preschoolers*. Paper symposium presented at the annual meeting of the International Society for Developmental Psychobiology, San Diego, CA.
- Badanes, L.S.** & Watamura, S.E. (2010, May). *Understanding cortisol reactivity across the day at child care: The potential buffering role of secure attachment to teachers*. Paper Symposium presented at the biennial Developmental Psychobiology Research Group retreat, Golden, CO.
- Watamura, S.E., **Badanes, L.S.**, Mendoza, M.M. (2010, March). *Physiologic reactivity at home and at child care for Mexican-origin and Hispanic-American and non-Hispanic American young children*. Paper Symposium presented at the International Conference on Infant Studies, Baltimore, MD.
- Badanes, L.S.**, & Watamura, S.E. (2009, October). *Predicting cortisol reactivity across the day at childcare: Why attachment security and dependency matter*. Poster presented at the annual meeting of the Child Care Policy Research Consortium, Washington D.C.
- Badanes, L.S.** & **Watamura, S.E.** (2009, October). *Can secure attachment be a risk? Predicting cortisol reactivity across the day at child care*. Poster presented at the annual meeting of the International Society for Developmental Psychobiology. Chicago, IL.
- Hankin, B.L., Watamura, S.E., & **Badanes, L.S.** (2009, September). *Cortisol reactivity, depression, and stressful experiences among children and adolescents*. Paper Symposium presented at the Society for Research in Psychopathology, San Francisco, CA.
- Badanes, L.S.**, & Watamura, S.E. (2008, July). *Goodness of fit in child care: Examining the contributions of child and caregiver characteristics to stress reactivity*. Poster presented at the annual meeting of the Child Care Policy Research Consortium, Washington D.C.
- Badanes, L.S.**, LeBourgeois, M.K., Dacher, K.M., & Watamura, S.E. (2008, June).

- Developing mature stress systems in 30 to 72 month olds: Relations with sleep and attention.* Poster presented at the annual meeting of the Associated Professional Sleep Society, Baltimore, MD.
- Badanes, L.S., & Watamura, S.E.** (2008, May). *The emerging basal cortisol rhythm: Age trends and relations with sleep and self-regulation.* Poster presented at the biennial Developmental Psychobiology Research Group retreat, Estes Park, CO.
- Badanes, L.S., & Harter, S.** (2006, March). *Consistency in working models of attachment: Implications for the self-system in college students.* Poster presented at the biennial meeting of the Society for Research on Adolescence, San Francisco, CA.
- Badanes, L.S., & Harter, S.** (2006, March). *Do high and low self-monitors differ with regard to the nature of their multiple selves?* Poster presented at the biennial meeting of the Society for Research on Adolescence, San Francisco, CA.
- Badanes, L.S., & Harter, S.** (2005, March). *Consistency in attachment styles across relational contexts: Implications for self-worth in college students.* Poster presented at the biennial meeting of the Society for Research in Child Development, Baltimore, MD.

Research Talks

- October 2009 *Understanding Preschool Depression: A Multi-Method Approach.* Developmental Psychobiology Research Group Seminar.
- October 2007 *Stress Systems in 30 to 72 month olds: Analytic Strategy and Preliminary Results.* University of Denver Developmental Area Colloquium Series.
- April 2007 *Predicting Stress Reactivity in Young Children: What Goes in With the Kitchen Sink?* University of Denver Developmental Area Colloquium Series.
- October 2006 *Transitioning to College: A pilot study.* University of Denver Developmental Area Colloquium Series.
- March 2005 *Understanding the Self Through a Working Model Perspective: Insight into Authenticity and Self-Esteem.* University of Denver Developmental Area Colloquium Series.

Grants and Awards

- 2010 Preschool depression: A multi-method, multi-informant validation of the syndrome, submitted R21 to National Institute of Mental Health
- 2010 Martin L. Reite Award: Best Basic Science Abstract presented to the Developmental Psychobiology Research Group.
- 2010 Developmental Psychobiological Endowment Fund (\$5,000)
- 2007-2009 Goodness of Fit and Child Care, HHS, ACF Child Care Development Research Scholar Grant (\$50,000)
Grant No. 90YE0091
- 2007-2008 University of Denver Psychology Department Outstanding Teaching Award
- 2007 Lawrence Miller Graduate Training Grant (\$1500) – University of North Carolina ECERS Training

- 2005, 2006 Psychology Department Graduate Student Travel Award, University of Denver
 2004, 2005 Colorado Graduate Fellowship, University of Denver

Teaching Experience

- Fall 2010 **Adolescent and Early Adult Development; Colorado State University: Fort Collins, CO.**
Instructor
(Course evaluations pending –please contact Dr. Lise Youngblade for more information)
- Spring 2009 **Child Development, University of Denver, CO**
Instructor
Course Evaluation (ratings are out of 6):
 - “Intellectually stimulating course” – 5.4
 - ”Instructor skillfully shared knowledge” – 5.7
 - “Overall effective instructor” – 5.6
- Fall 2008 **Motivation and Emotion, University of Denver: Denver, CO**
Instructor
Course Evaluation (ratings are out of 6):
 - “Intellectually stimulating course” – 5.2
 - ”Instructor skillfully shared knowledge” – 5.7
 - “Overall effective instructor” – 5.7
- Spring 2008 **Child Development, University of Denver: Denver, CO**
Instructor
Course Evaluation (ratings are out of 6):
 - “Intellectually stimulating course” – 5.8
 - ”Instructor skillfully shared knowledge” – 5.8
 - “Overall effective instructor” – 5.8
- Winter 2008 **Child Development, University of Denver: Denver, CO**
Instructor
Course Evaluation (ratings are out of 6):
 - “Intellectually stimulating course” – 5.3
 - ”Instructor skillfully shared knowledge” – 5.4
 - “Overall effective instructor” – 5.5
- Summer 2007 **Child Development, University of Denver: Denver, CO**
Instructor
Course Evaluation (ratings are out of 6):
 - “Intellectually stimulating course” – 5.8
 - ”Instructor skillfully shared knowledge” – 5.5
 - “Overall effective instructor” – 5.8
- 2004 – 2007 **Psychology Department, University of Denver: Denver, CO**
Teaching Assistant: Human Sexuality, Child Development,

Adolescence, Research Methods

Professional Memberships

Society for Research in Child Development
International Society for Developmental Psychobiology
Society for Research on Adolescence